



To find out more about CAMHS or LD CAMHS why not visit our website

[www.mymind.org.uk](http://www.mymind.org.uk)

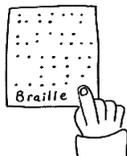


Cheshire and Wirral Partnership   
NHS Foundation Trust

## Learning Disability Child and Adolescent Mental Health Service West Cheshire Team (LD CAMHS)

A service for children, young people  
and their families

This leaflet is available in other languages or formats

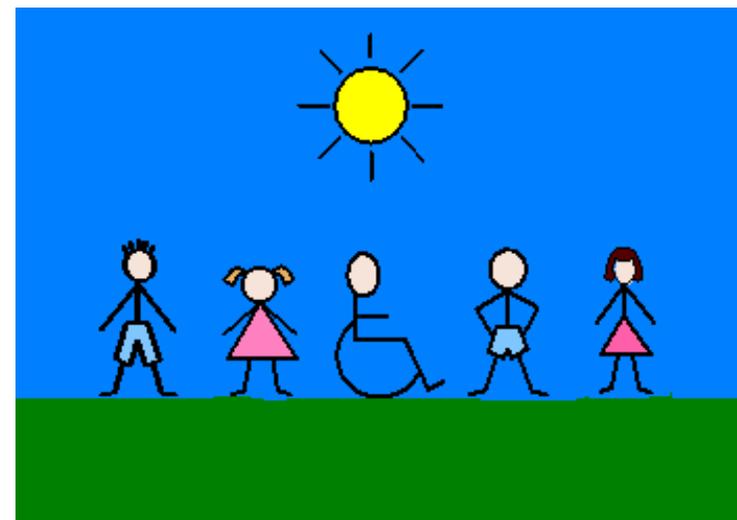


For more information see [www.cwp.nhs.uk](http://www.cwp.nhs.uk).

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The information in this leaflet was valid at the date of production **April 2013** and is due for review in **April 2015**.

Leaflet code: DE-LDCAMHSWCT-13-565



## LD CAMHS

The West Cheshire Team is community based and provides services across West Cheshire from two locations.



LD CAMHS (0-16)  
**4th Floor, North Wing**  
4 Civic Way  
Ellesmere Port  
Cheshire  
CH65 0BE

Tel: 0151 337 6317  
Fax: 0151 337 6844



LD CAMHS (0-18)  
**Mill Street Centre**  
Mill Street  
Crewe  
CW2 7AR.

Tel: 01270 848030  
Fax: 01270 252398

### Aims of the team

To provide a specialised service that is:

- Needs led
- Evidence based
- Flexible

### Where we work

We work in any setting accessed by the child or young person whose GP is within the Cheshire West and Chester locality.

## Further information

### Getting involved

CWP and LD CAMHS have been committed to Patient and Public Involvement since the Trust was established in 2002. We are clear that Involving people with experience of services has helped us understand the issues and ways to continually improve and develop what we do and how we do it.

You can become involved in variety of ways such as:

- Assisting us with interviewing new staff
- Attending focus groups & workshops
- Reviewing service leaflets and the information we provide to families.

If you are interested in becoming involved please speak to the person who has been working with you or contact the Involvement Team on:

01244 397411

They will be able to provide you with more information and help you register

## Further information

### Patient Advice and Liaison Service (PALS)

Our PALS officer can offer:

- Information and advice about any of our services
- Support and advice to help sort out any problems you may have with our services.
- Information about how to make a complaint.

You can contact PALS:

By telephone on 0800 195 4462

By post at:

PALS Complaints and Claims Team  
1829 Building  
Liverpool Road  
Chester  
CH2 1BQ

A PALS information leaflet is available upon request.

## Who do we work with?

- Child /young person
- Family/carers
- Teachers
- Social workers

## The team offer the following services

- 1:1 work with families based on individual needs
- Behavioural Assessments
- Behavioural advice and interventions
- Sleep assessments, advice and interventions
- Advice, support and training to other professionals
- Advice Sessions – an opportunity to meet with a team member without need of a referral.
- Workshops/courses such as behaviour management, teenage years.
- Signposts for Building Better Behaviour Programme

## Referral criteria

Children and young people aged 0-16 who have a global developmental delay/severe learning disability and display behaviours that challenge and significantly impact on their daily lives and those of their families.

## Making a referral

Anyone can make a referral to the team. Please contact your local team administrator in the first instance.

## Team members

The Team consists of:

- **Community Nurses** who work closely with families and professionals to undertake a holistic assessment of the child/young person's needs. This may include discussions, observations in relevant settings and the use of various assessments. A behavioural/sleep support plan will then be developed with families to share across all settings.
- **Consultant Clinical Psychologist** helps children and young people with learning disabilities and their families understand and cope with any psychological problems the child may have. They can do this directly with the child, or indirectly with the support of the child's family and other professionals. They can help to identify the best types of support that might reduce any distress and improve the child's quality of life.
- **Consultant Child and Adolescent Psychiatrist** provides assessment, diagnosis and treatment for children and young people with learning disabilities who may experience difficulties with their mental health. They advise each person's GP about prescribing medication if appropriate and monitor the child's progress.
- **Team Administrator** is the first point of contact with the service and support the team in the day to day administration.

## Further information

### Protecting and sharing information

A leaflet will be given and discussed with you at the initial referral meeting. This gives details about the personal information we collect including:

- Health records and personal details
- Why we keep this information
- Where this information is stored
- Confidentiality

### Compliments, comments, concerns and complaints

If you would like to make any of the above regarding the LD CAMHS service you have received, please speak to either the person who has been working with you, the LD CAMHS Service Manager or our PALS department.